

MAGDALINA GOFMAN

65 Sunset Ave, Lynbrook, NY 11563

magdalinagofman@gmail.com

CONTINUING EDUCATION ADDENDUM

Spine Physical Therapy Classes

“The Cervico Thoracic Complex”	Aug, 2015
William J. Hanney, PT	Therapy Network Seminars
“The Basics of Sacroiliac mobilization”	June, 2014
Cheryl Hancock, PT, DPM, MSPT, CSCS, AT, PTA	Great Lakes Seminars,
“NAIOMT 640, Thoracic Spine”	Nov 2009
Kent Keiser, MS, PT, OCS, COMT, ATC, FFCFMT, FAAOMPT, CKTP	
	North American Institute of Orthopedic Manual Therapy
“An A-Z Manual Therapy Approach For Cervical Spine Pathology”	Jan, 2006
Luke Bongiorno, PT, MCMT	Hands-On Seminars
“Applied Techniques of Manual Therapy—Cervical-Thoracic Mobilization”	May, 2002
Patrick Hoban, PT, MS, OCS, ATC	Biomechanics and Integrated Orthopaedics Seminars
“Applied Techniques of Manual Therapy Cervical-Thoracic Mobilizations”	July, 2001
	BIOS Seminars

Extremity Physical Therapy Classes:

“UCSF/FPT Lower Extremity Cadaver Dissection”	Apr, 2015
Tim Mc Gonigle, PT	Folsom Physical Therapy
“NAIOMT 625: Peripheral Extremity Manipulation	Apr, 2010
Gail Molloy, PT, OCS, COMT,	North American Institute of Orthopedic Manual Therapy
“Evaluation and Treatment of the Shoulder”	June, 2006
Chris Sebeliski, DP, OCS, CSCS	North American Seminars, Inc
“Practical Applications to Biomechanics of the Foot, Ankle & Lower Extremity”	Sep, 2004
Brian Hoke, PT,	JFK Professional Development Series

Pilates Physical Therapy Classes

“Springboard Apparatus for Pilates”		
Ellie Herman	Ellie Herman Studios	Jan, 2024
“Pilates Method for Special Populations in Women's Health	“	Apr, 2016
Martina Hauptmann PT, PMA-CPT	Herman and Wallace Pelvic Rehabilitation Institute	
“Polestar Pilates for Rehabilitation, Level 1-V”		Oct 2011 –
Gerard Hinderlicht, ATC BS	Polestar	Jan 2013

“Pathokinesiology of the Lower Extremity” Oct, 2012

Lise Stolze, MPT, DSc, PMAr-CPT Polestar

“CoreAlign 1,2,3” Aug-Nov, 2011

Jonathan Hoffman, BPT, Grad Dip mMnip Ther Balanced Body

Other/Comprehensive Physical Therapy Classes

“Foundations in Oncology Rehabilitation” Jan 2024

Julia Osborne, PT, CLT-LANA PORI

“Myokinematic Restoration” Oct 2023

Jason Miller, PT, MS, CsCS, PRC Postural Restoration Institute

“Integrative Systems Model Series” March 2020

Diane Lee, PT, FCAMT, IMS, CAMT Diane Lee and Associates Nov 2021

“Myofascial Trigger Point Solutions for Movement Optimisation & Pain Management

-Including Jingjin Application” Oct, 2019

Mark Comerford B.Phty,MCSP, MAPA Kinetic Control Education in Movement

“Kinetic Control, Managing Movement: Solutions for the SIJ and Pelvis” Sept, 2018

Mark Comerford B.Phty,MCSP, MAPA Kinetic Control Education in Movement

“Movement & Pelvic Symptoms: Urgency and Pain” April, 2017

Tracy Spitznagle, PT, DPT, WCS Wash U School of Medicine

“Integrative Systems Model for Treating Special Populations in Women's Health” May, 2016

Diane Lee, PT, FCAMT, IMS, CAMT Diane Lee and Associates

“Craniosacral Therapy I, II” May & Oct, 2013

Eric Moya LMT, CST-D Upledger Institute

“Mulligan Concepts for the Upper Quadrant, Mobilizations with Movement

'NAGS', 'SNAGS' and MORE©” Apr, 2008

Brian Milligan, FNZSP (Hon), Diploma M.T., Northeast Seminars

“Bringing Manual Wheelchair Research to the Clinic” May, 2006

Laura Cohen, PhD, PT, ATP; Chris Maurer MPT, ATP; CATEA

“An Introduction to the Management of Breast Cancer Lymphedema: An Integrated Approach”

Linda Miller, PT Oct, 2003

“Functional Orthopedics I” May, 2003

Amy Holcombe PT, DPT, CFMT, RYT, others The Institute of Physical Art

Taping Physical Therapy Classes

“Therapeutic Taping” Oct, 2014

Dyanna Hley-Rezac PT, DPT, OCS, FAAOMPT, CSCS, CGFI-MP2,

Scott Rezac, PT, DPT, FAAOMPT, CSCS, CGFI-MP2, CEAS

Therapy Network Seminars

“Kinesiotaping I, II” July, 2010
Sheryl Goodridge, PT, DPT, CK1, The Kinesio Taping Association

Running Physical Therapy Classes

“2014 Research Symposium: The Science Of Running” Nov, 2014
Chris Powers, PT, PhD, FAPTA, Irene Davis, PhD, PT, FAPTA CPTA
“The UCSF Running Course: Clinically Applied Biomechanics” Nov, 2012
UCSF Medical Center

Other Symposia/ Conferences

“11th Annual Symposium on the Pediatric Spine” June, 2025
Columbia CME
“9th Annual UCSF Spine Symposium” May, 2014
UCSF
“UCSF Sports Medicine Conference” June, 2014
UCSF Medical Center, Sports Medicine
“Orthopedic and Sports Medicine Symposium” Apr, 2013
Saint Francis Memorial Hospital
“UCSF/SFSU Spring Symposium, Evidence to Clinical Practice” May, 2013
UCSF

Non-Physical Therapy Classes

“Embodied Fascia for the Shoulders, Neck & Pelvis”	Eric Franklin	Dec, 2022	
“Mayan Abdominal Massage”	Barbara Loomis, LMT, RES	Arvigo institute	Jan, 2016
“Learning the Ropes”	Betty Roi,	Yoga Du Soleil	Sept, 2014
“Mindfulness Based Stress Reduction”			Feb-April, 2015
	James Mitchell, PhD	UCSF Osher Center for Integrative Medicine	
“Relieving Neck Tension”	Jason Frye,	Acupressure institute	May, 2008
“Introduction to Thai-Shiatsu Bodywork”	Kripalu Retreat Center		Nov, 2003